



9 APRILE 2017
WRE
COPPA ITALIA LONG
ITALIAN CUP LONG DISTANCE



CATEGORIA	LUNGHEZZA	DISLIVELLO
CLASSES	LENGTH	CLIMB
	km	m
M12	2.3	110
M14	2.7	140
M16	3.9	185
M18	6.6	320
M20	8.7	400
MA	8.7	400
MB	3.9	185
MC	3.2	165
ME	13.2	660
M35	8.7	400
M40	6.6	320
M45	5.9	230
M50	5.6	225
M55	4.8	195
M60	3.9	200
M65	3.4	180
M70	2.6	110
M75	2.3	115
ESORDIENTI	2.3	110

CATEGORIA	LUNGHEZZA	DISLIVELLO
CLASSES	LENGTH	CLIMB
	km	m
W12	2.3	110
W14	2.4	140
W16	3.2	165
W18	4.9	240
W20	5.9	230
WA	4.9	240
WB	3.2	165
WC	2.7	140
WE	8.3	360
W35	4.9	240
W40	4.8	195
W45	3.9	200
W50	3.2	170
W55	3	150
W60	2.7	125
W65	2.6	110
W70	2.3	115
W75	2.1	105
DIRECT	260	130